longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION

# Washington, D.C. 20549

OMB APPROVAL OMB Number: 3235-0287 Estimated average burden hours per response.. 0.5

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| (Print or Type Re   |   |                        |  |   |  |   |  |   |  |  |                                 |   |   |  |
|---|---|------------------------|--|---|--|---|--|---|--|--|---------------------------------|---|---|--|
| 1. Name and Address of Reporting Person * Matosevic Josef |   |                        | 2. Issuer Name and Ticker or Trading Symbol HELIOS TECHNOLOGIES, INC. [HLIO] |   |  |   |  |   | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner   |  |                                 |   |   |  |
| (Last) (First) (Middle) 7456 SIXTEENTH STREET EAST        |   |                        | 3. Date of Earliest Transaction (Month/Day/Year) 01/03/2022                  |   |  |   |  | _X_   | X Officer (give title below) Other (specify below) President and CEO   |  |                                 |   |   |  |
| (Street) SARASOTA, FL 34243                               |   |                        | 4. If Amendment, Date Original Filed(Month/Day/Year)                         |   |  |   |  | _X_ F   | 6. Individual or Joint/Group Filing(Check Applicable Line) Form filed by One Reporting Person Form filed by More than One Reporting Person |  |                                 |   |   |  |
| (City)  |   | State)                 | (Zip)  |   | Table  | I - No  | n-Derivativ  | e Securities  | ities Acquired, Disposed of, or Beneficially Owned   |  |                                 |   |   |  |
| 1.Title of Securit<br>(Instr. 3)                          | у   | Da                     | 2. Transaction<br>Date<br>(Month/Day/Year)                                   |   | te, if Code<br>(Instr  |   | (A) or   |   |  | Owned Followin<br>Transaction(s)<br>(Instr. 3 and 4) |                                 | l (   | Ownership of B  | eneficial  |
|   |   |                        |  | (Month/Day/   |  | ode   | V Amour  | (A) or  | (Instr   |  |                                 | (   | Oirect (D) Or Indirect (I) Instr. 4)  | wnership<br>nstr. 4)   |
| Reminder: Repor   | t on a separat  | e fine for each e      |  | ,   |  | ir  |  | are not re  | quired to r  | espond u   |                                 | on containe<br>form displa  |   | 74 (9-02)  |
| Reminder: Repor   | t on a separat  | e inic for each c      |  |   |  | Р   | areane wh  | o reenand   | to the col   | lection of   | informati                       | on containe   | d SEC 1/  | 74 (9.02)  |
| 1. Title of Derivative Security                           | 2. Conversion or Exercise                                 | 3. Transaction<br>Date | Table II -  3A. Deemed Execution Da  | Derivative Se (e.g., puts, cal 4. te, if Transacti Code | ls, warrant<br>5. Num  | quired<br>s, opti-<br>ber<br>vative                         | this form<br>currently v   | are not recovalid OMB  of, or Benefitible security recisable ion Date     | quired to r<br>control nu<br>icially Own   | espond unber. ed                                     | 8. Price of                     |   | <b>1</b> 10.  | 11. Natur<br>of Indirec<br>Beneficia                           |
| 1. Title of Derivative                                    | 2.<br>Conversion  | 3. Transaction<br>Date | Table II -  3A. Deemed Execution Date  | Derivative Se (e.g., puts, cal 4. te, if Transacti      | 5. Num<br>on of Deri   | quired<br>s, opti-<br>ber<br>vative<br>es<br>ed (A)<br>osed | this form<br>currently v<br>l, Disposed of<br>ons, convert<br>6. Date Exer<br>and Expirati | are not recovalid OMB  of, or Benefitible security recisable ion Date     | quired to r<br>control nu<br>icially Owne<br>ies)  7. Title and<br>of Underly:   | espond unber. ed Amount                              | 8. Price of Derivative          | 9. Number of Derivative Securities Beneficially Owned Following Reported Transaction( | To 10. Ownership Form of Derivative Security: Direct (D) or Indirect (S) (I)          | 11. Natur<br>of Indirec<br>Beneficia<br>Ownershi<br>(Instr. 4) |
| 1. Title of<br>Derivative<br>Security                     | 2.<br>Conversion<br>or Exercise<br>Price of<br>Derivative | 3. Transaction<br>Date | Table II -  3A. Deemed Execution Date  | Derivative Se (e.g., puts, cal 4. Transacti Code        | 5. Num<br>of Deri<br>Securiti<br>Acquire<br>or Disp<br>of (D)<br>(Instr. 3 | quired<br>s, opti-<br>ber<br>vative<br>es<br>ed (A)<br>osed | this form<br>currently v<br>l, Disposed of<br>ons, convert<br>6. Date Exer<br>and Expirati | are not revalid OMB  of, or Benefitible securit reisable ion Date //Year) | quired to r<br>control nu<br>icially Owne<br>ies)  7. Title and<br>of Underly:<br>Securities   | espond unber. ed Amount                              | 8. Price of Derivative Security | 9. Number of Derivative Securities Beneficially Owned Following Reported              | 7 10.<br>Ownership<br>Form of<br>Derivative<br>Security:<br>Direct (D)<br>or Indirect | 11. Natur<br>of Indirec<br>Beneficia<br>Ownershi<br>(Instr. 4) |

### **Reporting Owners**

|  | Relationships |              |                   |       |  |  |
|--|---------------|--------------|-------------------|-------|--|--|
| Reporting Owner Name / Address                                     | Director      | 10%<br>Owner | Officer           | Other |  |  |
| Matosevic Josef<br>7456 SIXTEENTH STREET EAS<br>SARASOTA, FL 34243 | Т             |              | President and CEO |       |  |  |

## **Signatures**

| /s/ Marc Greenberg, Attorney-in-Fact for Josef Matosevic | 03/04/2022 |
|--|------------|
| **Signature of Reporting Person                          | Date       |

## **Explanation of Responses:**

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
  - Restricted stock units granted to reporting person on January 3, 2022, which represent the right to receive, following vesting, up to 200% of one share of the Company's Common Stock.
- (1) The number of shares of Common Stock acquired upon vesting of the performance-based RSUs is contingent upon the achievement of pre-established performance metrics, as approved by the Company's Compensation Committee over a three-year performance period beginning on the first day of the fiscal year of 2022 and ending on the last day of the fiscal year of 2024.

#### Remarks:

This late Form 4 is being filed due to an administrative oversight.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.