UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

CURRENT REPORT

Pursuant to Section 13 OR 15(d) of The Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): September 9, 2020

HELIOS TECHNOLOGIES, INC.

(Exact name of registrant as specified in its charter)

Florida (State or other jurisdiction of incorporation) 0-21835 (Commission File Number) 59-2754337 (IRS Employer Identification No.)

1500 West University Parkway, Sarasota, Florida (Address of principal executive offices)

34243 (Zip Code)

Registrant's telephone number, including area code: (941) 362-1200

(Former name or former address, if changed since last report)

	al Instructions A.2. below):	ded to simultaneously satisfy the filli	ng configuron of the registrant under any of the following provisions <u>see</u>			
	Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)					
	Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)					
	Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))					
	Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))					
Securit	ties registered pursuant to Section 12(b) of the Act:					
	The second	Trading				
	Title of each class Common Stock \$.001 Par Value	Symbol(s) HLIO	Name of each exchange on which registered The NASDAQ Global Select Market			
	be by check mark whether the registrant is an emerging gourities Exchange Act of 1934 (§240.12b-2 of this chapte	1 2	05 of the Securities Act of 1933 (§230.405 of this chapter) or Rule 12b-2 of			
Emerg	ing growth company □					
	merging growth company, indicate by check mark if the	2	extended transition period for complying with any new or revised financial			

Item 5.02 Departure of Directors or Certain Officers; Election of Directors; Appointment of Certain Officers; Compensatory Arrangements of Certain Officers.

On September 9, 2020, Rajasekhar Menon, the Company's President of CVT, resigned, effective September 25, 2020. In connection with his resignation, the Company and Mr. Menon entered into a Separation Agreement (the "Separation Agreement"), under which Mr. Menon agreed to a customary release in exchange for severance payments as follows:

- the continuation of Mr. Menon's \$386,000 annual base salary for the twelve (12) month period following the effective date, payable bi-weekly through September 24, 2021;
- 2020 annual short-term incentive compensation award at target, which is 50% of his base salary;
- a lump sum of \$24,169, less applicable withholdings, reflecting the value of twelve (12) months of continuing health, dental and vision coverage under COBRA; and
- vesting of the 5,418 Restricted Stock Units (RSUs) awarded in April 2020 to occur one year from the date of separation.

The Separation Agreement contains a release and certain restrictive covenants that are binding upon Mr. Menon. The foregoing description of the Separation Agreement is not complete and is qualified in its entirety by reference to the Separation Agreement, which the Company intends to file as an exhibit to the Company's quarterly report on Form 10-Q for the quarter ended September 26, 2020.

Item 9.01 Financial Statements and Exhibits.

(d) Exhibits

104 Cover Page Interactive Data File (embedded within the Inline XBRL document)

SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1	1934, as amended, the Registr	rant has duly caused this Report	to be signed on its behalf by	the undersigned
thereunto duly authorized.				

HELIOS TECHNOLOGIES, INC.

Dated: September 9, 2020

By: /s/ Tricia L. Fulton

Tricia L. Fulton

Tricia L. Fulton
Chief Financial Officer
(Principal Financial and
Accounting Officer)