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UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)										
1. Name and Address of Reporting Person [*] Matosevic Josef		2. Issuer Name and Ticker or Trading Symbol HELIOS TECHNOLOGIES, INC. [HLIO]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner		
(Last) (First) (1500 WEST UNIVERSITY PARKWAY	7	3. Date of Earliest Transaction (Month/Day/Year) 01/28/2021					X_Officer (give title below) Other (specify below) President and CEO			
(Street) SARASOTA, FL 34243	4.	4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person		
(City) (State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned								
1. Title of Security 2. Transaction (Instr. 3) Date (Month/Day/Ye		Execution Date, if any	(Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			Owned Following Reported Transaction(s)	Ownership Form: of Indire Benefici	Beneficial
		(Month/Day/Year)	Code	v	Amount	(A) or (D)	Price	X /	Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)
Common Stock								0	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

	(e.g., puts, calls, warrants, options, convertible securities)														
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)		Code		n of Derivative		6. Date Exer Expiration I (Month/Day	Date	7. Title and Amount of Underlying Securities (Instr. 3 and 4)		Derivative Security (Instr. 5)	Derivative Securities Beneficially Owned Following Reported Transaction(s)	Form of Derivative Security: Direct (D) or Indirect (I)	Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		(Instr. 4)	(Instr. 4)	
Performance- Based Restricted Stock Units	\$ 0 <u>(1)</u>	01/28/2021		А		21,827		(1)	<u>(1)</u>	Common Stock	21,827	\$ 0	21,827	D	
Restricted Stock Units	\$ 0 <u>(2)</u>	01/28/2021		А		10,914		<u>(2)</u>	<u>(2)</u>	Common Stock	10,914	\$ 0	10,914	D	
Non- qualified Stock Options (right to buy)	\$ 55.03	01/28/2021		А		10,914		<u>(3)</u>	01/28/2031	Common Stock	10,914	\$ 0	10,914	D	
Restricted Stock Units	\$ 0 <u>(4)</u>							<u>(4)</u>	<u>(4)</u>	Common Stock	17,500		17,500	D	
Restricted Stock Units	\$ 0 <u>(4)</u>							<u>(4)</u>	<u>(4)</u>	Common Stock	5,127		5,127	D	
Non- qualified Stock Options (right to buy)	\$ 35.04							(5)	07/01/2030	Common Stock	5,127		5,127	D	
Performance Based Restricted Stock Units	\$ 0 <u>(6)</u>							<u>(6)</u>	<u>(6)</u>	Common Stock	10,255		10,255	D	

Reporting Owners

Relationships

Reporting Owner Name / Address	Director	10% Owner	Officer	Other
Matosevic Josef 1500 WEST UNIVERSITY PARKWAY SARASOTA, FL 34243			President and CEO	

Signatures

Willard A. Blair, as Attorney-in-Fact for Josef Matosevic	02/01/2021	
Signature of Reporting Person	Date	

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Each performance-based Restricted Stock Unit (RSU) represents the right to receive, following vesting, up to 200% of one share of Helios Technologies common stock (Common Stock). The (1) number of shares of Common Stock acquired upon vesting of the performance-based RSUs is contingent upon the achievement of pre-established performance metrics, as approved by the Company's Compensation Committee, over a three-year performance period beginning on the first day of the fiscal year of 2021 and ending on the last day of the fiscal year of 2023.
- (2) Each RSU represents the right to receive, following vesting, one share of Common Stock. Unless earlier forfeited under the terms of the RSU, 33-1/3% of the awards vest and convert into Common Stock on each of the first three anniversaries of the grant date.
- (3) Unless earlier forfeited under the terms of the Options, 33-1/3% of the options vest and become exercisable on each of the first three anniversaries of the grant date.
- (4) Each RSU granted to reporting person on 7/1/2020 represents the right to receive, following vesting, one share of Common Stock. Unless earlier forfeited under the terms of the RSU, 33-1/3% of the awards vest and convert into Common Stock on each of the first three anniversaries of the grant date.
- (5) Stock Options granted to reporting person on 7/1/2020; unless earlier forfeited under the terms of the Options, 33-1/3% of the options vest and become exercisable on each of the first three anniversaries of the grant date.

Each performance-based RSU granted to the reporting person on 7/1/2020 represents the right to receive, following vesting, up to 200% of one share Common Stock. The number of shares of Common Stock acquired upon vesting of the performance-based RSUs is contingent upon the achievement of pre-established performance metrics, as approved by the Company's

(6) Compensation Committee, over a three-year performance period beginning on the first day of the Company's fiscal year of 2020 and ending on the last day of the Company's fiscal year ending 2022.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.