UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Nealis Melanie M				2. Issuer Name and Ticker or Trading Symbol HELIOS TECHNOLOGIES, INC. [HLIO]					5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner				
(Last) (First) (Middle) 1500 WEST UNIVERSITY PKWY				3. Date of Earliest Transaction (Month/Day/Year) 02/22/2021					X Officer (give title below) Other (specify below) Chief Legal & Compliance Offic				
(Street)			4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) Form filed by One Reporting Person Form filed by More than One Reporting Person				
	(State)	(Zip)		Table I - I	Non-Der	ivative S	ecuriti	es Acquire	d. Dispose	l of, or Ben	eficially Owr	ıed	
1.Title of Security (Instr. 3)		Date	any	3. Transa Code (Instr. 8)	action	4. Securities Acqu		quired 5. Both	Amount of eneficially eported Tra	of Securities Owned Following ansaction(s)		6.	7. Nature of Indirect Beneficial Ownership
				Code	V	Amount	(A) or (D)	Price				(I)	(Instr. 4)
Stock	(02/22/2021		M		1,372	A	\$ 0 8	,867.721]	D	
Stock	(02/22/2021		F		407 ⁽¹⁾	D	\$ 64.28	,460.721		1	D	
			(e.g., puts, calls, v	arrants, o	ptions,	convertib	ole secu	rities)					
		3A. Deemed Execution Date,	(e.g., puts, calls, v 4. 5 Transaction o Code E ar) (Instr. 8) S	arrants, o Number	conta form of red, Disp ptions, of 6. Date and Exp	ined in to displays posed of, convertib Exercisal piration D	this for a curr or Ben ble secu	rm are not rently valided reficially Our rities)	t required d OMB co wned d Amount ring	to respondent of num	9. Number o	f 10. Owners	11. Natur of Indirect Beneficia
											Following Reported Transaction(s) (Instr. 4)		· (Instr 4)
Security				A) or isposed f (D) nstr. 3, 4, and 5)							Reported Transaction(Direct (or Indirect) (I) (Instr. 4	D) ect
			(, E	A) or isposed f(D) nstr. 3, 4,	Date Exercis		oiration e	Title	Amount or Number of Shares		Reported Transaction(or Indirection (I)	D) ect
	ST UNIVE TA, FL 34. Stock Stock Stock Conversion or Exercise	(First) ST UNIVERSITY PKWY (Street) TA, FL 34243 (State) Stock Stock (Stock Conversion or Exercise (Month/Day/Year	ST UNIVERSITY PKWY (Street) TA, FL 34243 (State) 2. Transaction Date (Month/Day/Year) Stock 02/22/2021 Stock 02/22/2021 Report on a separate line for each class of securities Table II - 2. Conversion Or Exercise (Month/Day/Year) 3. Transaction Date (Month/Day/Year) 3. Deemed Execution Date, any	ST UNIVERSITY PKWY (Street) (Street) (Street) (State) (Zip) 2. Transaction Date (Month/Day/Year) Stock (Month/Day/Year) Stock (Month/Day/Year) (Stock (Month/Day/Year) (A. If Amendment, in the Amend	(Street) (Street) (Street) (Street) (State) (State) (Zip) (Zip)	(Street) (Street) (Street) (Street) (Street) (Street) (State) (Zip) (State) (Zip) (State) (Zip) (State) (Zip) (State) (Zip) (A. If Amendment, Date Original Filed Execution Date of Execution Date, if (Instr. 8) (Month/Day/Year) (Month/Day/Year) (Stock) (State) (Zip) (A. Deemed Execution Date, if (Instr. 8) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (A. Deemed Execution Date, if (Instr. 8) (Month/Day/Year) (Month/Day/Year) (A. Deemed Execution Date, if (Instr. 8) (A. Deemed Execution Date, if (Instr. 8)	(Street) (A) If Amendment, Date Original Filed(Month/Day/Year) (TA, FL 34243 (State) (Zip) (Zip) (Zip) (Zip) (A) Table I - Non-Derivative Security (A) or Did (Instr. 3) (Month/Day/Year) (A) or Did (Instr. 3) (Month/Day/Year) (Code V Amount Stock (Deport on a separate line for each class of securities beneficially owned directly or indirectly. (A) Or Did (Instr. 3) (Month/Day/Year) (Code V Amount Stock (A) Or Did (Instr. 3) (Month/Day/Year) (Code V Amount Stock (A) Or Did (Instr. 3) (Month/Day/Year) (Code V Amount Stock (A) Or Did (Instr. 3) (Month/Day/Year) (Code V Amount Stock (A) Or Did (Instr. 3) (Month/Day/Year) (Code V Amount Stock (A) Or Did (Instr. 3) (Month/Day/Year) (Code V Amount Stock (A) Or Did (Instr. 3) ((Street) (A. Deemed Code (A) or Disposed (Instr. 8) (Instr. 8) (Instr. 8) (A) or Code (Instr. 8) (Instr. 8) (A) or Oisposed (Instr. 8) (Instr. 8) (A) or Oisposed (Ins	(Street) (Street) (Street) (Street) (Stracet) (Stracet) (State) (Zip) (Zip) (Zip) (Zip) (A) Table I - Non-Derivative Securities Acquired (A) or Disposed of (D) Band (Instr. 3, 4 and 5) (Instr. 3, 4 and 5) (Stock) (Zip) (State) (Zip) (Zip) (Zip) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (A) or Disposed of (D) Band (Instr. 3, 4 and 5) (Instr. 3, 4 and 5) (Instr. 4) (Instr. 8) (A) or Disposed of (D) Band (Instr. 8) (Instr. 8) (A) or Disposed of (D) Band (Instr. 8) (Instr. 8) (Instr. 8) (A) or Disposed of (D) Band (Instr. 8) (Instr.	Struck Code Code	ST UNIVERSITY PKWY 3. Date of Earliest Transaction (Month/Day/Year) Chiffer (give title below) Chiffer (give title below)	Stock 02/22/2021 Table I - Derivative Securities Described Stock 02/22/2021 Table I - Derivative Securities Described Stock 02/22/2021 Table II - Derivative Securities Described Stock O2/22/2021 Table II - Derivative Securities Described O2/22/2021 O2/22/202	Table I - Non-Derivative Securities Acquired (Month/Day/Year) Stock 02/22/2021 Table I - Non-Derivative Securities Acquired (Month/Day/Year) Stock 02/22/2021 Table I - Non-Derivative Securities Acquired (Month/Day/Year) Stock 02/22/2021 Table I - Non-Derivative Securities Acquired (Month/Day/Year) Stock 02/22/2021 Table I - Non-Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) Stock 02/22/2021 Table I - Non-Derivative Securities Acquired (Month/Day/Year) Stock 02/22/2021 Table I - Non-Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) Stock 02/22/2021 Table I - Non-Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3 and 4) Stock O2/22/2021 Table I - Non-Derivative Securities Acquired (Month/Day/Year) Stock 02/22/2021 Table I - Non-Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3 and 4) Stock O2/22/2021 Table II - Non-Derivative Securities Acquired (Month/Day/Year) Stock O2/22/2021 Table II - Non-Derivative Securities Acquired (Nonth/Day/Year) Stock O2/22/2021 Table II - Non-Derivative Securities Acquired (Nonth/Day/Year) Table II - Non-Derivative Securities Acquired (Nonth/Day/Year) D Stock O2/22/2021 Table II - Non-Derivative Securities Acquired (Nonth/Day/Year) D Stock O2/22/2021 Table II - Non-Derivative Securities Acquired (Nonth/Day/Year) Stock O2/22/2021 Table II - Derivative Securities Acquired (Nonth/Day/Year) Stock O2/22/2021 Table II - Derivative Securities Acquired (Nonth/Day/Year) Stock O2/22/2021 Table II - Derivative Securities Acquired (Nonth/Day/Year) Stock O2/22/2021 Table II - Derivative Securities Acquired (Nonth/Day/Year) Stock O2/22/2021 Table II - Non-Derivative Securities O2/22/2021 Table II - Derivative Sec

	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
Nealis Melanie M 1500 WEST UNIVERSITY PKWY SARASOTA, FL 34243			Chief Legal & Compliance Offic			

Signatures

/s/ Melanie M. Nealis	02/24/2021
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) No shares were sold these shares were withheld by the issuer to satisfy tax withholding requirements in connection with the vesting of restricted stock units.
- (2) Each RSU represents the right to receive, following vesting, one share of Common Stock.
- (3) Unless earlier forfeited under the terms of the RSU, 33-1/3% of the awards vest and convert into Common Stock on each anniversary of the grant date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.